



VETERANS WALL DEDICATION

PHOTO COLLECTION ON DISPLAY THROUGH NOVEMBER

THE CITY WILL PAY TRIBUTE to local military veterans during a special dedication luncheon and ceremony on **Monday, November 3, 11:30 a.m. - 1 p.m.**, at Creekside Community Center.



The Veterans Photo Wall honors those who have served our country and their sacrifices. Mayor Gene

Winstead will dedicate the collection of photographs, which will remain on display through the end of November.

To make a reservation for the luncheon, call 952-563-4948. The cost is \$6.25. For those 60 years old and younger who qualify and fill out the NAPIS meal form, the cost is \$3.50.

New photos may be submitted to Creekside. All previously submitted photos will be included in the 2008 display.



HUMAN SERVICES NEWS

TRY SOMETHING NEW

EXPLORE THE PROGRAMS AT CREEKSIDE

BLOOMINGTON HUMAN SERVICES offers more than 60 programs and services, including card clubs, crafts, billiards, a wood shop, computer labs, music and food programs, volunteer opportunities and a boutique. Attend a "Get Acquainted with Creekside" session on the **first Wednesday of each month, 10 - 11 a.m.**, to learn more about the programs and opportunities offered at Creekside.

GOOD FOR YOUR BRAIN

NEW PROGRAM AVAILABLE FOR OLDER ADULTS

EVERY 70 SECONDS, an older adult is diagnosed with Alzheimer's disease. Take your brain health into your own hands by participating in [m]Power by Dakim, a unique program designed to improve the quality of life for aging adults desiring to maintain their brain health and for those at risk for or living with Alzheimer's disease, Parkinson's disease or arthritis. [m]Power engages the user with mentally stimulating exercises that transform rigorous cognitive exercise into a fun activity.

For more information, call 952-563-4957 V/TTY.



Food packages consist of meats, fruits, vegetables, pasta and other staples. New customers may register on **Saturday, October 18, 10 - 11 a.m.**, at Creekside and pick up food **Saturday, November 15.**

This program is cosponsored by the Emergency Foodshelf Network, in partnership with Bloomington Human Services. Participants are encouraged to spend time volunteering in their communities each month.

For more information, contact *Ask the City* at 952-563-4957 V/TTY.

FARE FOR ALL

SAVE ON GROCERIES

FARE FOR ALL is a nonprofit food distribution program that offers a way to save money on nutritious food. There are no income guidelines to participate. The prepaid cost for each food package is \$10 - \$20 and two hours of volunteer service that can include babysitting for a neighbor, picking up mail, mowing grass or shoveling snow.

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ON PATROL



SOLVING CRIMES GETS TECHNICAL

CRIME TECHNICIANS: EXPERTS AT COLLECTING EVIDENCE

IT'S A POSITION that receives little fanfare, but Bloomington's crime technicians play an invaluable role in solving crimes.

Recently, evidence collected from a cigarette butt left at a crime scene resulted in the identification of the person responsible for a string of ATM robberies in the city. According to Crime Technician Supervisor Sergeant Todd Lewis, without the expertise of the crime technicians who worked on the case, the suspect might still be at large.

The City's 14 Patrol Officers who are certified crime technicians work burglaries, sexual assaults and other crimes where meticulous forensic evidence collection and processing is essential to solving the case.

According to Sergeant Todd Lewis, Bloomington crime technicians take great pride in their work.

"The crime techs we have are really sharp and like to learn," Lewis said.

Crime technicians may take more than two hours to collect, analyze and process evidence from a crime scene, only to wait months to see the fruits of their labor, such as a hit on the state's DNA database or a fingerprint match.

"Anyone can pick up evidence," Officer and Crime Technician Dennis Koosman said. "But if the evidence is not processed correctly, it can't be used in court."

Crime technicians receive training at the Bureau of Criminal Apprehension, as well as specialized in-house training. They use a Dodge Magnum wagon as their own mini-crime lab, which includes cameras to take



photos and special equipment to dust for fingerprints and gather evidence such as blood and other fluids.

Once the evidence is collected, it is packaged and submitted to either the Bureau of Criminal Apprehension in St. Paul or the Hennepin County Crime Lab.

A HEALTHY BLOOMINGTON

EARLY DETECTION IS ESSENTIAL

SAGE CLINIC OFFERS FREE BREAST CANCER SCREENINGS

OCTOBER IS National Breast Cancer Awareness Month – time to remind everyone in your life about the importance of screening for early detection of breast cancer.

"Thank you so much for this service. I feel as if a huge burden has been lifted from my shoulders," was the response from a woman who received mammography results through Bloomington Public Health at the Sage Women's Clinic in Edina. Six out of 1,141

women served by the Sage program in 2007 were diagnosed with breast cancer. Another 222 were referred for further diagnostic testing.

For the six women diagnosed with breast cancer, strong evidence supports a 30 percent reduced risk of the cancer being fatal when regular mammograms are followed by timely treatment.

Bloomington Public Health serves Edina, Richfield and Bloomington. The Sage Women's Clinic offers free breast



and cervical cancer screening to women, age 40 and older, who are uninsured or underinsured and who meet income guidelines.

SagePlus provides cardiovascular screening and the opportunity to select nutrition and exercise goals.

For more information or to schedule an appointment, call 1-888-643-2584.

AVOIDING THE FLU

GETTING VACCINATED IS YOUR BEST PROTECTION

INFLUENZA, ALSO CALLED THE FLU, is not the common cold. It is a contagious respiratory illness caused by influenza viruses. According to the Center for Disease Control, every year more than 200,000 people are hospitalized from flu complications. Flu symptoms include fever (usually high), headache, dry cough, sore throat, runny or stuffy nose and muscle aches. Stomach symptoms

such as nausea, vomiting and diarrhea also can occur, but are more common in children than adults.

The most effective way to avoid becoming sick with the flu is to get vaccinated in the fall before virus activity peaks. Good health habits, such as frequent hand washing and coughing and sneezing into a tissue, are also an important form of prevention.



For more information, call Bloomington Public Health at 952-563-8990.